

# Covid-19 Statement

21/07/2020



Following the recent guidelines from The Football Association, the Government have granted permission for the return of grassroots football.

With this new guidance we are able to put different measures in place and return to a more normal environment in a setting that players and coaches are used too. This guidance must be observed in line with the latest Covid-19 guidance issued from the government.

Risk in sport cannot be completely eradicated but with caution and care these risks can be reduced. Each player will need to decide when to return to contact football, based on their own circumstances and the arrangements that have been put in place for a safe return. All those returning must now adopt the following code of behaviour;

- **Be aware of your own personal health.** *If you show any of the Covid-19 symptoms you must stay at home, inform NHS Test and Trace and seek medical advice.*
- **Be responsible.** *Read the guidance provided by The FA and by your club so that you are aware of the changes to the game and what is expected of you. This will include things like being prepared to wash your own kit, bringing your own labelled water bottle and being aware of changes to meet-up times.*
- **Practise good hygiene.** *Wash your hands regularly and before, during and after a game.*
- **Where possible maintain social distancing.** *This won't always be possible in a competitive match environment (for example when tackling an opponent) and that is acceptable. However, before, and after a game you should maintain social distancing.*
- **Support NHS Test and Trace.** *You're likely to be asked to provide your details so that in the event of a Covid-19 outbreak those potentially infected can be traced. This is to everyone's benefit so please cooperate.*
- **Do not spit.** *Spitting and the rinsing out of mouths is now a recognised risk to health and must not be done. Avoid shouting or raising your voice if face to face with other players.*
- **After the game.** *Be aware that other users may be waiting to use the facilities. Changing rooms and showers are likely to be closed and any socialising must follow the Government's guidance on social distancing.*

If you or a member of your household are exhibiting symptoms you must not attend any training or matches, and you must comply with the Government's guidelines for self-isolation.

Should Government guidance change in response to the current Covid-19 Alert Level, The FA guidance will be updated accordingly.

We will continue to provide information on our website and social media

Many Thanks & Stay Safe

**Deanshanger Colts FC**